

WELCOME

Stress, diet, and daily environmental aggressors trigger imbalances in the body such as acne, sensitivity, dryness, premature aging, and pain. The Aveda spa approach combines pure botanical products that produce results with a spa experience enhanced through touch and breathing techniques that relax your body and mind and naturally activate the body's repair and recovery mechanisms.

Recovery for your skin and body starts with a consultation. Just as your hair stylist consults with you to design your hair cut and color, your spa therapist will design a treatment for you based on the Aveda Elemental Nature customization philosophy. We will help you achieve balance by recommending the appropriate techniques, self care and products that are right for you.

Skin Care

GREEN SCIENCE SKIN RENEWING TREATMENT

Clinically proven to lift and firm the skin while reducing the appearance of fine lines and wrinkles.

| | |
|-----------------|-------|
| 30 minutes..... | \$55 |
| 60 minutes..... | \$80 |
| 90 minutes..... | \$120 |

ENBRIGHTENMENT DISCOLORATION TREATMENT

Diminish the appearance of dark spots and improving skin's visible clarity.

| | |
|-----------------|-------|
| 30 minutes..... | \$50 |
| 60 minutes..... | \$75 |
| 90 minutes..... | \$110 |

OUTER PEACE ACNE TREATMENT

Purifies and decongests acne skin.

| | |
|-----------------|-------|
| 30 minutes..... | \$50 |
| 60 minutes..... | \$75 |
| 90 minutes..... | \$110 |

BOTANICAL SKIN RESURFACING

Botanical alternative to Microdermabrasion for glowing skin.

| | |
|-----------------|-------|
| 30 minutes..... | \$45 |
| 60 minutes..... | \$80 |
| 90 minutes..... | \$115 |

PERFECTING PLANT PEEL

Aveda's botanical alternative to a 30% glycolic peel. Perfecting Plant Peel can be added to any facial treatment.

| | |
|-----------------|------|
| 30 minutes..... | \$40 |
| Add-On..... | \$30 |

MASSAGES

ELEMENTAL NATURE MASSAGE

A customized massage experience based upon the Aveda Elemental Nature Philosophy and your favorite Aveda aroma. Depending upon your needs, a variety of massage techniques will be utilized including but not limited to Swedish, Deep Tissue, Pregnancy Massage, Acupressure and Reflexology.

| | |
|-----------------|-------|
| 30 minutes..... | \$40 |
| 60 minutes..... | \$65 |
| 90 minutes..... | \$100 |

CHAKRA BALANCING MASSAGE

A focus on the chakra system utilizing deep tissue massage, foot reflexology, energy work and including a guided meditation on the chakras.

| | |
|-----------------|-------|
| 60 minutes..... | \$70 |
| 90 minutes..... | \$110 |

FUSION STONE MASSAGE

Incorporates the use of warm stones for deep relaxation of the muscles.

| | |
|-----------------|-------|
| 60 minutes..... | \$75 |
| 90 minutes..... | \$115 |

NAILS

ELEMENTAL NATURE MANICURE

Customized care for your hands includes proper maintenance and grooming of nails and cuticles, personalized massage, customized exfoliation and a treatment masque.

| | |
|-----------------|------|
| 30 minutes..... | \$35 |
| 60 minutes..... | \$55 |

GREEN SCIENCE SKIN RENEWING MANICURE

Utilizing Green Science Skin Care and the Plant Perfecting peel, lift and firm the skin while reducing the appearance of fine lines and wrinkles.

| | |
|-----------------|------|
| 30 minutes..... | \$40 |
| 60 minutes..... | \$65 |

BOTANICAL SKIN RESURFACING MANICURE

Botanical alternative to Microdermabrasion for glowing skin.

| | |
|-----------------|------|
| 30 minutes..... | \$35 |
| 60 minutes..... | \$55 |

CARIBBEAN HAND THERAPY

Incorporates the Caribbean Therapy Masque and massage techniques.

| | |
|-----------------|------|
| 30 minutes..... | \$35 |
| 60 minutes..... | \$55 |

ELEMENTAL NATURE PEDICURE

Customized care for your feet includes proper maintenance and grooming of nails and cuticles, personalized massage, customized exfoliation, and treatment masque.

| | |
|-----------------|------|
| 30 minutes..... | \$55 |
| 60 minutes..... | \$75 |

CARIBBEAN FOOT THERAPY

Incorporates the Caribbean Therapy Masque and massage techniques.

| | |
|-----------------|------|
| 30 minutes..... | \$40 |
| 60 minutes..... | \$65 |

CHAKRA BALANCING FOOT TREATMENT

Incorporates the Chakra Balancing Mists and a Chakra Foot Reflexology massage.

| | |
|-----------------|------|
| 30 minutes..... | \$55 |
| 60 minutes..... | \$75 |

SPA BODY TREATMENTS

At Aveda there are a selection of spa treatments such as exfoliation treatments, water treatments, and body wraps that are available throughout the year. To stay current, we offer one spa treatment on the menu at a time based on the season as well as new products and techniques.

CARIBBEAN THERAPY BODY TREATMENT

A detoxifying body wrap treatment featuring Aveda Caribbean Therapy. (Suggested for winter)

| | |
|-----------------|------|
| 75 minutes..... | \$85 |
|-----------------|------|

ROSEMARY MINT AWAKENING BODY WRAP

A cooling body wrap treatment featuring Aveda Rosemary Mint. (Suggested for summer)

| | |
|-----------------|------|
| 75 minutes..... | \$85 |
|-----------------|------|

BODY POLISH

An exfoliation treatment that uses Aveda products customized to your needs.

| | |
|-----------------|------|
| 60 minutes..... | \$55 |
|-----------------|------|

WAXING SERVICES

Facial hair removal starting at..... \$10

Eyebrows:

Brow Design - 30 minutes
Brow Maintenance - 15 minutes

Face - per consultation

Upper Lip - 15 minutes
Chin or Cheeks - 15 minutes

Body hair removal starting at..... \$30

Arms and Legs:

1/2 Arms
Full Arms
1/2 Legs
Full Legs
Underarm
Bikini
Bikini first time and maintenance
Brazilian first time and maintenance
Back and Chest

*All times based on consultation and set up of rooms.